

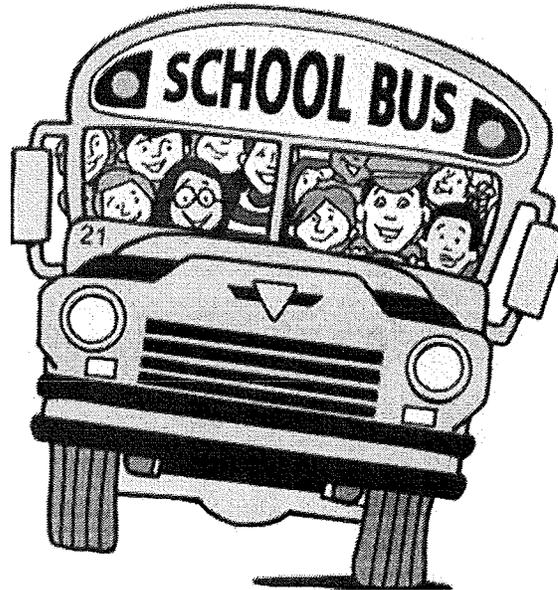
*A special thanks  
to*

**Harwood  
Grill & Saloon**

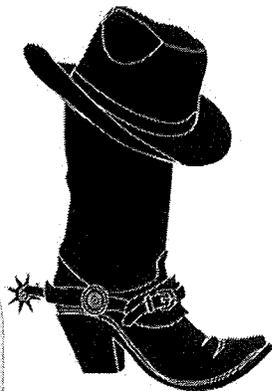
*for  
sponsoring this  
issue of the  
Highlites!*

# Harwood Highlites

September 2015



**It's that time of year again...  
Slow Down and Keep Our Kids  
Safe!!!**



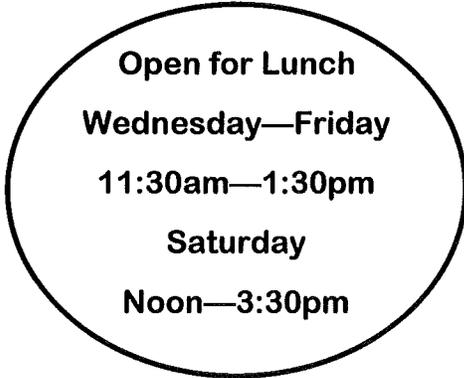
**COWBOY UP  
CANCER BENEFIT  
FAMILY  
STREET DANCE  
SATURDAY, SEPT. 12  
See details inside**

**Harwood American**

# LEGION

**Post 297**

**Supporting our Troops &  
Community since 1956**



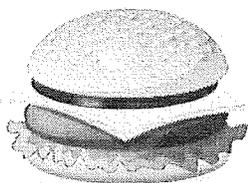
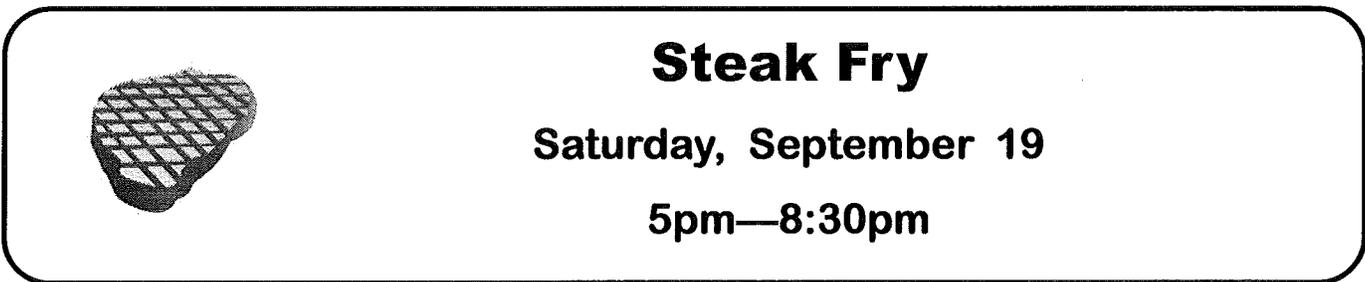
## **Single Meat Pizza**

**\$8.00**

Peppers, Onions, Black Olives,  
Green Olives, Pineapple  
or Mushrooms added for *Free!!!*

## **3-Meat Pizza**

**\$10.00**



## **Thursday Night**

**2 for 1 Build Your Own Hamburgers**

# **COWBOY UP CANCER BENEFIT**

## **FAMILY Street Dance at**

### **HARWOOD AMERICAN LEGION**

## **Saturday, Sept. 12th**

*Music by Lone Wolf & Brother's Jukebox: 7pm*

*Ugly Produce Contest, Judging at 6:45pm*

*Potato Races: \$5. Donation for Potato: 5:30pm*

*\$4.00 Meal: Hot Dog, Beans & Chips*

### **ALL PROFIT**

*From Potato Race &  
Meal Donated to  
the Benefit!*

**Bring Your Own  
Lawn Chairs.**

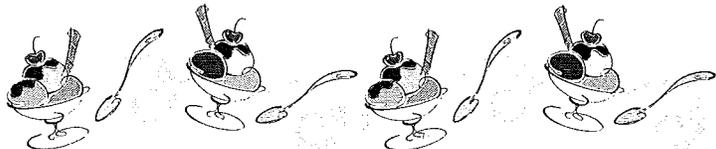


# Zion Happenings

**Back to Sunday (Sundae) School Night**

Wednesday, September 9th at 6:30pm

Please come and register your child for another great year of Sunday School. The teachers will be there to meet the kids and show them their classrooms.



We will have ice cream sundaes for everyone!



**Rally Sunday - September 13th**

Sunday School 9:00 am

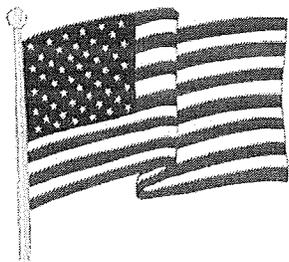
Join us for the service at 10:00 am.

Fellowship, food and games will follow.

Zion Lutheran Church

Harwood, ND

**ALL ARE WELCOME!!**



**US FLAG** is not being flown at the Post Office due to tree branches in the way. If any one can trim high branches, or knows of someone that can, please contact someone at the post office.

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**The Harwood American Legion Auxiliary will meet on Tuesday, September 15 at 7:00 pm at the Legion. Please join us!**

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 MONDAY - FRIDAY

# CITY COUNCIL MINUTES

August 3, 2015

**Pledge of Allegiance** recited.

**Call to Order/Roll Call.** Mayor Bill Rohrich called the regular meeting to order @ 7:03 p.m. Council present: Richard Sundberg, Jennifer Spiesz and Lori Peyerl. Also present Sarah Wear, Stan Hanson, Jo Ann Spiesz, Patty Preston, Steve Olson, PWS Bernie Stasch and Sherry Morris.

**Consent Agenda. Motion** by Ployhart to approve the June 29<sup>th</sup>, July 6<sup>th</sup> and July 22<sup>nd</sup> minutes, June preliminary Financial Report and payment of August Bills/electronic transfers, *second* Peyerl. Upon roll call vote with all in favor, **Motion** carried.

**Building Permit.** A building permit submitted for construction of a new garage exceeds the city ordinance maximum height limitation. Mayor Rohrich agreed to call a Planning & Zoning for its review and recommendation on granting a Variance.

Commissioner Ployhart joined the meeting.

**Water Improvement #2015-1.** Mr. Hanson reviewed the progress of construction; demolition of Stennes home, beginning work on storage tank and concrete placement planned next week.

**Motion** by Spiesz to approve Pay Request #1 for \$33,905.25, reflecting 10% retainage, one-half of total reimbursable from County funds, *second* Peyerl. Upon roll call vote with all in favor, **Motion** carried.

**Motion** by Sundberg to approve purchase and installation of Generator and needed upgrades to waterplant identified by Mr. Hanson, *second* Peyerl. Upon roll call vote, Ployhart, Sundberg, Peyerl, aye, Spiesz, nay. **Motion** carried.

**Motion** by Spiesz to including cost of city-read water meters of \$100,000, *second* Ployhart. Upon roll call vote with all in favor, **Motion** carried.

Sundberg introduced **Resolution** Authorizing Issuance of Improvement Warrants for \$1,260,000 *second* Ployhart. Upon roll call vote with all in favor, **Motion** carried.

Line item will be included in project for other minor upgrades to water plant, city-read meter, automatic transfer switch, check valves, new vertical turban pump, some piping and apparatuses. Generator will need to go out for bids with opening planned late September. Mayor Rohrich requested a meeting of the Special Assessment Commission.

**Special Liquor License.**

**Motion** by Peyerl to approve Special liquor License for Harwood Grill for August 28 & August 29th, *second*, Spiesz.

**Law Enforcement Report.** Tabled.

**Resident Open Forum.** Patti Preston brought to the council's attention several trees behind their home that border the city property are dead and have been unsightly for years along with the shop/waterplant area. Bernie will take a look at it and see if we can come up with something.

**Budget Review.** A special meeting will be scheduled for Monday, August 24<sup>th</sup> following 6:00 p.m. job interviews.

Mr. Ployhart fixed the gutters that were pulling away from the Community Center causing leakage into the building.

**Adjournment: Motion** by Ployhart to adjourn at 9:10 p.m., to August 3, 2015, *second* Peyerl.

# Harwood Grill & Saloon

September 11—We will be giving away 50 T-shirts and a pair of  
Shania Twain tickets

September 15—Uptown Funk DJ, Music Videos and Karaoke

September 18—Zac & Terry will be on stage, lead singers from Silverado

September 26—Uptown Funk DJ, Music Videos and Karaoke

## Daily Specials:

**Happy Hour (M-F) 3:30 to 6:30p**

**\$2.25 Domes/Wells**

## **TUESDAY'S**

Cheeseburger & 16oz Tap Beer—\$8

**FRIDAY'S (6-7p): BUCK Bottles (\$1)**

Domestic Beers

**SUNDAY FUNDAY: 1/2 price Pizza**

Dine in only

Free Pool all day and families welcome for lunch or supper  
until 8pm

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**We cook until close**



## PARK BOARD MINUTES

August 20, 2015

Meeting was called to order by President Sara Hilde at 7:03p.m.

Roll Call: Members present as follows: Sara Hilde, Jennifer Johnson, Pete Meyer, Dan Newland, and Katy Koehn. Members of the public were Scout Curtis Klomstad and his parents, and Alley Hilde.

Agenda: Motion to approve August Agenda by JJ, seconded by Dan, with addition of Todd Lang present to finalize the wrestling & music planned for wrestling night.

Wrestling Night: Todd Lang discussed the wrestling event scheduled for Friday (Aug 28<sup>th</sup>) and Saturday the (29<sup>th</sup>). Doors will open at 5:30 p.m. both nights. Band will start to play at 6:00 p.m. with festivities complete about 9:00 p.m. both evenings. Discussed food and beverages to be offered for sale as a fundraiser for the Harwood Park Board.

Minutes: Approval of July minutes moved by JJ and seconded by Dan.

Financial Report: Approval of July Financial Report was made by Dan and seconded by JJ.

Approval of August Bills: Motion made by Dan and second by Sara. Moen monthly bill is figured out and Sam's Club just needs to be renewed.

Summer Movie Night: There will be no summer movie nights as the Park Board concentrates on upcoming school year of movies. Dan is having Sound and Light coming in and gives ideas as to how to hook up the speakers and screen on a permanent/removable basis. Upcoming movie nights will be as follows: Oct 16<sup>th</sup>, Nov 20<sup>th</sup>, Dec 18<sup>th</sup>, Jan 22<sup>nd</sup>, Feb 19<sup>th</sup>, and March 18<sup>th</sup>. Movies to be played those nights will be announced closer to dates.

Other business: Curtis Klomstad, a boy scout trying to get his Eagle's badge, was present to let us in on his vision of horse shoe pits he wants to put in at the north end of the park. He said he's done a lot of research and is open to many options for the park's needs and wants. He is talking about 4 pits for now with the potential of adding more at a later date by other scouts needing merits.

Adjourn: Motion by Katy and second by Sara. Next meeting set for Sept 8<sup>th</sup> at 7:00 p.m.

### !! PUBLIC NOTICE !!

A Public Hearing before the Harwood Special Assessment Commission is scheduled on the 16<sup>th</sup> day of September, 2015, at 6:30 p.m. at Harwood City Hall to hear objections to any assessments for Water Improvement #2015-1. Harwood property assessments will be published in the Wednesday, September 2<sup>nd</sup> edition of the West Fargo Pioneer

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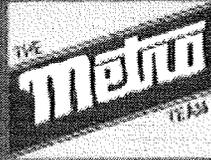
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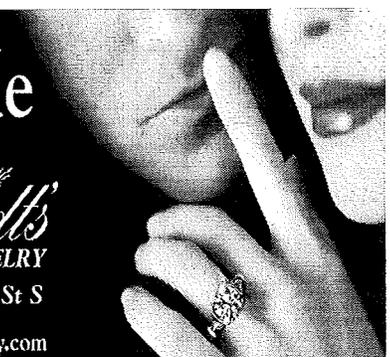
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## We Need You!

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for new members!

If you are interested in more  
information come to a meeting:

- Rescue meetings the First Tuesday of every month
- Fire meetings the Third Tuesday of every month



# **Marge's Tips Without a Fee**

**Hi Everyone,**

## **Foods that protect your vision:**

We all know that carrots protect our eyesight, but new research shows that other foods might be just as important in preserving your vision. Some foods that can improve eye health are; Spinach, contains lutein, protects against cataracts and macular degeneration. Salmon, contains DHA, protects against retinopathy. Blackberries, contains anthocyanins protects against macular degeneration. Soy, contains isoflavones protects against dry eyes. Orange bell peppers, contains zeaxanthin, protects against macular degeneration. So eat up and protect your eyes.

## **History fun fact:**

The Medora amphitheater as a stage performance setting was first proposed by Dr. Frederick Walsh, head of the Theatre Department at NDSU. Dr. Walsh produced outdoor dramas as well as indoor plays. The first performances on the stage of the new amphitheater were productions of "Old Four Eyes," a play about Teddy Roosevelt's adventures in the North Dakota badlands.

## **What Harwood Means to Me, quoted from a Miss Harwood pageant essay:**

If you could live anywhere in the world, where would it be? I would stay right here in Harwood, ND. Harwood has closeness and compassion that many other towns don't. When we go on vacation, I love to finally come home to a place I know I'll be safe. A place where everyone is family.

## **Got up and went:**

How do I know that my youth is all spent? Well, my get up and go has got up and went. But in spite of it all, I'm able to grin, when I think of all the places my get up has been. Old age is golden, I've heard it said, but sometimes I wonder as I get into bed. With my ears in the drawer, my teeth in a cup, my eyes on the table until I wake up. As sleep dims my eyes, I say to myself, "Is there nothing else I should leave on the shelf?" I'm happy to say as I close my door, My friends are the same or much, much more. When I was young, my slippers were red, I could kick my heels right over my head. When I grew older, my slippers were blue, but I could dance the whole night through. Now I am old, my slippers are black, I walk to the store, and puff my way back. But I really don't mind. When I think with a grin, of all the grand places my get up has been. Since I retired from life's competition, I busy myself with complete repetition. I get up each morning and dust off my wits, pick up the paper and read the "Obits". If my name isn't there I know I'm not dead. So I eat a good breakfast and get back in bed. The reason I know my youth is all spent, my get up and go has got up and went.

## **Trivia for the Day:**

The U.S. Army wore olive drab uniforms in 1900, prior to that what color has their uniforms been? Blue, as they learned in the Spanish-American war, blue was too easy a target to spot.

**See you next month!**



## Local Church Information

### Zion Lutheran Church of Harwood

Join us:

9am - Summer Worship

Everyone is welcome!

Email Church Secretary - Stanna: [zionlutheranharwood@hotmail.com](mailto:zionlutheranharwood@hotmail.com)

Pastor Natalie Carlson email - [pastornataliecarlson@gmail.com](mailto:pastornataliecarlson@gmail.com)

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### Herby Lutheran Church

16205 27<sup>th</sup> St

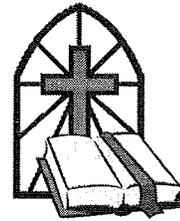
Argusville, ND 58005

701-484-5239

Sunday Service: 9:30AM

Pastor Chuck Belzer

701-266-3264



### Maple Sheyenne Church of Harwood

8711 40<sup>th</sup> Ave N

Harwood, ND 58042      All are welcome!

Summer Worship – 9:30am

Fellowship - 10:30am

Pastor Nichole Johnson

[maplesheyenne@gmail.com](mailto:maplesheyenne@gmail.com)

SUMMER HOURS

through September 13th

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### St. William's Catholic Church of Argusville

Mass Schedule for August—10:00 am

FR. Casey

Church Number 484-5211

#### SUBMITTING TO THE HIGHLITES

Just a reminder that any ads, articles, minutes, etc. need to be submitted by the 25th of each month in order to be included in the next month's issue.

**Everything should be sent to "harwoodnews1@gmail.com".** We really appreciate your assistance with this.

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